

## PERSONAL SUPPORT WORKER

## **COURSE OUTLINE**

The Course consists of 13 modules. These modules are covered in the classroom and in the clinical lab. Additional practical experience is provided in a facility and in the community

- Role of the Worker
- Interpersonal Skills
- Safety
- Assisting a Person with Mobility
- Abuse
- Household Management and Meal Preparation
- Providing Optimal Support / Care Planning
- Assisting A Person with Personal Hygiene
- Assisting T A Family
- Cognitive Impairment & Mental Health Issues
- Assisting A Person to Manage ongoing Conditions

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- Assisting A Person with Medications
- Assisting A Person who Is Dying

Total Number of Hours:	345 Hrs. Theory + 355 Hrs. Field Placement = 700 Total Hrs
Number of Weeks:	31 Weeks
Program Duration:	1 Academic Year

## **PROGRAM SUMMARY**

The Personal Support Worker (PSW) assists nurses and other members of the health care team in the basic care of residents and patients. PSWs primarily assist with and provide personal care and other activities of daily living, towards maintaining the individual's maximum potential for independence and self-direction. In addition to personal care, PSWs may carry out housekeeping and other home management duties and care for infants and children.

## **CAREER OPPORTUNITIES**

Successful Personal Support Worker graduates are prepared for long term careers in health care and long term care facilities, such as; nursing homes, homes for the aged, retirement homes, group homes and hospice centers. PSWs are also qualified to work in day care and day way programs and as self-employed PSWs for private clients.

**CO-OP:** PSW students complete their education with 200 hours of clinical practice in an institutional (long term care facility) and 155 hours in a community (residence/day program/private home) setting.

JOB SEARCH WORKSHOPS ARE INCLUDED AS PART OF THE COURSES

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