



NACC HOME SUPPORT WORKER 2022

COURSE OUTLINE

The course consists of 13 subjects.

- HSW Foundations
- Safety and Mobility
- Body Systems
- Assisting with Personal Hygiene
- Household Management, Nutrition and Hydration
- Clinical Placement (Community)
- Workshop II: Standard First Aid and CPR Level C
- Abuse and Neglect
- Workshop I: Gentle Persuasive Approaches in Dementia Care
- Cognitive and Mental Health Issues and Brain Injuries
- Care Planning, Restorative Care, Documentation, Working in the Community
- Assisting the Dying Person
- Workshop III: Soft Skills Solutions



A proud member of: [Career Colleges Ontario](#) [National Association of Career Colleges \(NACC\)](#)



 (905) 566 0507

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Total Number of
Hours:

304 Hrs. Theory + 100 Hrs. Practicum
+ 51Hrs. Practical = 455 Total Hrs.


PROGRAM SUMMARY

The NACC Home Support Worker Program prepares students with the knowledge and practical skills needed to support clients safely and compassionately in community, residential, and home-care settings. The curriculum covers essential areas including HSW foundations, safety and mobility, body systems, personal hygiene assistance, household management, nutrition, mental health, dementia care, abuse and neglect, and end-of-life support. Students also complete clinical placement, First Aid/CPR training, and Gentle Persuasive Approaches to ensure they can provide person-centered, professional care in real-world environments.

CAREER OPPORTUNITIES

Graduates can pursue meaningful careers as Home Support Workers, Personal Support Workers, Community Support Workers, and Client Care Assistants across a range of settings. Training in restorative care, documentation, mental health, dementia support, and community-based care prepares learners for roles in private homes, long-term care facilities, group living environments, home-care agencies, and community support organizations. As Canada's aging population increases, demand for qualified Home Support Workers continues to grow, creating strong and steady employment opportunities.

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