

NACC PERSONAL SUPPORT WORKER BRIDGING 2022

COURSE OUTLINE

The Course consists of 15 subjects.

- PSW Foundations
- Safety and Mobility
- Body Systems
- Assisting with Personal Hygiene
- Abuse and Neglect
- Household Management, Nutrition and Hydration
- Care Planning, Restorative Care, Documentation, Working in the Community
- Assisting the Family, Growth and Development
- Assisting the Dying Person
- Assisting with Medications
- Cognitive and Mental Health Issues and Brain Injuries
- Health Conditions
- Gentle Persuasive Approaches in Dementia Care
- Clinical Placement (Facility)
- Clinical Placement (Community)



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Total Number of
Hours:

154.50 Hrs. Theory + 150 Hrs. Practicum +
50.50 Hrs. Practical = 355 Total


PROGRAM SUMMARY

The NACC Personal Support Worker Bridging Program is designed for internationally trained nurses, healthcare workers, and previously educated Canadian PSWs or healthcare aides who wish to transition into the Canadian healthcare workforce. This program helps individuals refresh and upgrade their skills through theory, lab practice, and two practicum placements that provide real-world experience. With training focused on client care, safety, communication, restorative care, and personal support techniques, learners can confidently re-enter the healthcare field with updated and employer-recognized competencies.

CAREER OPPORTUNITIES


Graduates of the PSW Bridging Program are prepared to work as Personal Support Workers, Home Support Workers, Community Care Assistants, and Resident Care Aides across various healthcare environments. With enhanced skills and exposure to two practicum sites, learners can quickly integrate into long-term care homes, hospitals, retirement residences, home-care agencies, and community support organizations. This pathway supports a faster return to employment for those re-entering the workforce or transitioning from international healthcare backgrounds.



 (905) 566 0507

 www.central-college.ca

 admin@central-college.ca

 1140 Burnhamthorpe Rd. West, Suite 201 Mississauga,
Ontario L5C 4E9 CANADA